



SALT LAKE COUNTY COMMUNITY EXCHANGE PEOPLE'S UPDATE

We hosted another community event this month. Our Potluck & Produce swap where members came to swap stories, swap meals, and share extra produce. We had farmer's market hummus, with homemade jalapeno parmesan everything bagel sourdough crackers with a side of cut carrots. There was sourdough starter to take home along



POTLUCK & PRODUCE SWAP - AUG 2025

with 15 bags of nectarines dropped off by another member that stayed for a few minutes during their busy day.

While there wasn't a high volume of people there, the community connection went beyond just the table we sat at. Someone was prepping the pavilion to use for a birthday party later in the day, so we helped clean the area for him and his family. Bags of nectarines that didn't get taken home to be turned into puff pastries and honey cinnamon ice cream bowls were given to other homes (and word is that the bag was so big, they helped pass a few along themselves!)

Sometimes community is a big loud event that draws in a lot of curious people to learn more about who we are and

**NUMBER OF NEW
TIME ACCOUNTS
LAST MONTH**

5

**NUMBER OF
SHARED HOURS
TOGETHER**

153



other times it's quiet, with neighbors helping neighbors by relieving a bit of stress during birthday prepping in the day and feeding bellies for people you may never meet.

I'm proud to be a part of a community that shows up how it can, when it can, to support the people within it - as best as we can.

GROWING OUR TIME BANK COMMUNITY

We have some goals for the next few months and we could use the collective power of community to make it happen!

We are hoping to engage more community not only for new people to learn about the time bank and what we do - but for currently following, interested people to take the leap and become members by creating their Time and Talents time bank account.

We want to find ways to bridge the gap from following along with community to making connections and showing up to share skills with one another.

We are trying a couple new things in September - keep an eye out for updates - but we could use YOUR help. What helped you sign up? How can we help others feel comfortable getting involved? Send us an email with your thoughts!

WHAT'S COMING UP AROUND THE CORNER?

SEPTEMBER 11th: Quarterly Community Meeting
Greenhouse Effect Coffee & Crepes 6p - 7p
Join us in talking through details for the next couple month's of events and community connection.

Keep an eye out for updates on our calendar of events after we finalize some plans at September's quarterly meeting.